

**For New Patients-** Please review this form and check off any conditions or symptoms that you have experienced in your life.

**For Return Patients-** Please review this form and check off any *changes* in your health since your last visit.

**REVIEW OF SYSTEMS**

**General:**

- Recent weight gain or loss
- Anorexia/Bulimia
- Lack of energy
- Fever/Chills
- Change in medications
- Allergies
- Other \_\_\_\_\_
- None

**Endocrine/Hormonal:**

- Diabetes
- Hair loss
- Thyroid gland problems
- Excessive hunger/thirst
- Temperature intolerance-  
hot flashes or feeling cold
- Other \_\_\_\_\_
- None

**Gastrointestinal:**

- Nausea/Vomiting
- Hepatitis
- Diarrhea
- Blood in stools
- Constipation
- Irritable Bowel Syndrome
- Changing bowel habits
- Celiac disease/Gluten intolerance
- Other \_\_\_\_\_
- None

**Musculoskeletal:**

- Osteoporosis/penia
- Overall muscle weakness
- Rheumatoid arthritis
- Lupus
- Myasthenia gravis
- Other \_\_\_\_\_
- None

**Mental Health Problems:**

- Depression
- Anxiety disorder
- Bipolar
- Other \_\_\_\_\_
- None

**Head, Eyes, Ears, Nose and Throat**

- Dizziness
- Loss of sense of smell
- Headaches
- Change in vision
- Ringing in ear
- Other \_\_\_\_\_
- None

**Breasts:**

- Discharge
- Lump
- Pain
- Cancer
- Breast surgery
- Breast Implants
- Other \_\_\_\_\_
- None

**Genitourinary:**

- Abnormal menstrual flow
- Pelvic pain
- Bladder/kidney infections
- Vaginal infections
- Frequent urination
- Leaking urine
- Blood in urine
- Herpes
- Other \_\_\_\_\_
- None

**Hematologic:**

- Blood clotting disorder/Blood  
clots in legs/lungs/etc
- Sickle cell Anemia
- Easy bruising
- Swollen glands/lymph nodes
- Blood transfusions  
(dates/reasons \_\_\_\_\_)
- Other \_\_\_\_\_
- None

**Respiratory:**

- Shortness of breath
- Asthma
- Bronchitis
- Pneumonia
- Bloody cough
- Other \_\_\_\_\_
- None

**Neurological Problems:**

- Weakness/Loss of balance
- Seizures/Epilepsy
- Headaches/Migraines
- Numbness
- Memory loss
- Other \_\_\_\_\_
- None

**Skin/Extremities:**

- Unexplained rash/inflammation
- Acne
- Skin cancer
- Moles changing in appearance
- Excess hair growth
- Other \_\_\_\_\_
- None

**Cardiovascular:**

- Elevated Cholesterol
- Palpitations/Skipped beats
- Chest pain
- Heart attack
- Stroke
- High blood pressure
- Rheumatic Fever
- Valve Disease (Need  
Antibiotics before dental  
Procedures? Yes \_\_\_ No \_\_\_)
- Other \_\_\_\_\_
- None

**Family History (return patients only):**

- Change in health of related person  
If yes, please explain \_\_\_\_\_

**On the reverse side, please answer...**

1. List all medications, incl  
supplements
2. What matters to you in regard  
to your health?
3. What do you want to achieve  
during today's visit?

**Patient**

**Signature** \_\_\_\_\_

**Date** \_\_\_\_/\_\_\_\_/\_\_\_\_